



The Solon Early Childhood PTA Newsletter: www.secpta.net

The Solon Early Childhood PTA is a unit of the Ohio Parent Teacher Association (PTA), organized for the parents of preschool age children (birth-5) regardless of what school the child will attend. Expectant parents are also welcome.

We always welcome new members from Solon and the surrounding communities. If you are the parent of a preschool age child or infant, we have something for you!

MEMBERSHIP REMINDER: Ready or not, here it comes! Renew your SECPTA membership NOW! It's so easy!! Go to www.secpta.net/register for more information and to join. Questions? Reach out to membership@secpta.net. Don't miss a moment of the fun!

SECPTA FAMILY WELCOME PICNIC



Join us **Saturday, August 12th from 11:00 am – 1:00 pm** at the Solon Community Park Pavilion for plenty of family fun at our Annual Welcome Picnic! Rain or shine!

Enjoy entertainment, games, prizes, friends, and food! Come meet the new Board and learn more about what makes SECPTA so much fun!

TINA'S THOUGHTS

Notes from the SECPTA President:

Welcome to the 2017-2018 SECPTA year! With 10 new members joining the Board, an updated website and the future launch of online sign-ups, we've been working hard all summer. It's hard to believe, in just a few weeks, I'll be sending my twins off to First Grade and our little one to her last year of Preschool. As we reflect on the speed at which they've grown, I'm overwhelmed by how many of our memories include SECPTA. From field trips to parties to sports and everything in-between, we couldn't be more thankful for all this organization has provided our family. It is my hope that each of you will benefit from SECPTA as much as we have. To do so, I encourage you to join us at our Welcome Picnic, sign-up for some Adult Outings, make use of the Babysitting Co-op, take advantage our Sports programs, get involved with Playgroups, participate in our amazing Field Trips, take time for yourself at a Fitness or Foodie event and get involved with some of our Service Projects. I promise there is something for everyone and look forward to all the memories we'll make together this year!

Tina

president@secpta.net

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SECPTA GENERAL MEETINGS

SECPTA General Meetings are held once each month and are a place to socialize, build community, learn something, and meet new people. The meetings are open to the public, free of charge, and do not require an RSVP. Complimentary child care and pizza are offered at every meeting. If you have any questions, please feel free to e-mail us; otherwise we're looking forward to getting to know you at one of our General Meetings!

Jennifer Frazier, VP of Programs and Allison Mustar, Chair of Programs
programs@secpta.net

August's General Meeting and Program:

SECPTA KICK OFF!

Tuesday, August 22nd at 6:15 pm

Solon Community Center, 35000 Portz Parkway

Join SECPTA for our first meeting as we kick off this great year! Learn what SECPTA has to offer, sign up for great events, and make a new friend or two. This program is for new and veteran members alike! Come check out what the Board has been working on all summer!

Schedule:

6:15 pm Arrival, sign-ups, refreshments

6:45 pm Business meeting

7:15 pm New SECPTA Online Sign-up Procedures for 2017-2018

7:45 pm Check out, meeting adjourns

All General Meetings include complimentary child care in a room immediately adjacent to the meeting as well as pizza.



SAVE THE DATE!



"Picky Eaters" by Stefanie Peck and Brenda Richards from The Center for LifeSkills
September General Meeting on Tuesday, September 26th at 6:15 pm

AUGUST ADULT OUTINGS

MOMS OUTING



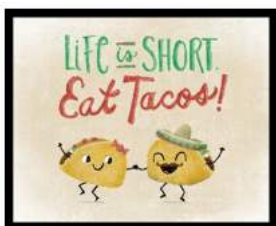
Lilly Handmade Chocolates **Sunday, August 13th at 1:00 pm**

MOMS of SECPTA! Join us for an afternoon of chocolate and wine!! On **Sunday, August 13th at 1:00 pm**, we will head down to **Lilly Handmade Chocolates** in Tremont for a guided tour. Each mom will get to sample 4 different truffles paired with a complementing wine. This will be a fun, delicious way to start the SECPTA year! The cost will be \$5 paid to SECPTA and each mom will be responsible for their portion of the wine when we arrive (\$12.50). You will not want to miss this fun, relaxing event!! Please sign up by e-mailing adultoutings@secpta.net.

DADS OUTING

Freeway Lanes, Solon **Friday, August 18th at 7:00 pm**

On **Friday, August 18th at 7:00 pm**, the DADS of SECPTA will meet at **Freeway Lanes** in Solon for an evening of cosmic bowling. The cost will be \$10/dad and includes 3 hours of bowling and shoe rental. Once the dads have finished up, they will head over to **Burgers 2 Beer** for some drinks and more socializing! You will not want to miss the first Dads Outing of the SECPTA year. Please sign up through adultoutings@septa.net.



COUPLES OUTING

Taco Bar at Glenwillow Pavilion **Saturday, August 26th at 6:00 pm**



Save the date for our first **COUPLES** outing of the year!! If you're new to SECPTA and looking for a great way to make new friends or a veteran looking for a great way to spend an evening with old friends, join us for an evening of food and fun! Starting at **6:00 pm on Saturday, August 26th** the MOMS, DADS, and COUPLES of SECPTA will meet at the **Glenwillow Pavilion** for a kid free evening. We will be providing a taco bar with all the fixins and sides to share! Nonalcoholic drinks will be provided, but if you wish to partake in adult beverages, feel free to bring your own. Line up your babysitters now so you can start the SECPTA year in a fabulous and fun way!! There is no cost to this event so please sign up by e-mailing adultoutings@secpta.net. We look forward to seeing you there!!

SAVE THE DATES FOR THESE SEPTEMBER OUTINGS:

On **Friday, September 8th**, the Dads of SECPTA will be playing **POKER!**

On **Saturday, September 9th**, the Moms of SECPTA will be taking a **WINE TOUR IN GENEVA!**

On **Friday, September 29th**, the Couples of SECPTA will be going to **BIG BANG DOWNTOWN!**



SECPTA's Coffee Club:



"Oh, the Places You'll Go" with SECPTA Coffee Club! Please join us for our first Coffee Club playdate as we fly off to a new year with wonderful SECPTA friends.

Coffee Club is a great way to meet other parents and converse over coffee and food while your child is engaged in social play with new friends! There is no fee for this club, so just "POP" on over to enjoy the conversation, coffee, food, and crafts for the little ones! There will also be a Balloon Artist twisting exciting balloon animals and creations for the kids!

First Coffee Club of the Year



Where: Michelle Petitti's house, Twinsburg
When: Wednesday, September 20th
Time: 9:30 – 11:30 am



Save the date for the next Coffee Club playdate:

Friday, October 20th at Kristen Cash's house in Glenwillow

Halloween Spook-tacular!



FITNESS

Last year was a great year for SECPTA Fitness! We motivated each other to get stronger and be healthier all while having fun along the way. Let's do it again this year! Fall is a great time to get back into your fitness routine. To create consistency within your workout routine, we are excited to offer three classes that will be ongoing throughout the SECPTA year. On top of that, each month will offer a variety of additional workouts and classes where you will have the opportunity to try new things! Stay tuned each month to see what SECPTA Fitness has to offer!

Ongoing Monthly Classes

Cardio Interval

Cardio interval is a challenging workout led by personal trainer/fitness instructor Christine Hales. Geared to all levels, cardio interval class alternates intervals of strength training and cardio bursts. This intense yet easy to follow class targets every muscle group and burns many calories.

When: Saturday, September 9th, 16th, 23rd, and 30th
Time: 8:00 – 9:00 am
Where: Pioneer Preschool Gym, Solon
Cost: \$6/class

Oasis Yoga + Fitness - Yoga & TRX

Oasis Yoga + Fitness combines the powerful benefits of yoga with the TRX system to yield full body strength and wellness. This class will utilize your bodyweight with TRX to promote strength, stability and balance. This will be followed with vinyasa yoga where we will be led through a series of poses to promote flexibility and healing.

When: Sunday, September 10th and 24th
Time: 6:30 – 7:30 pm
Where: Oasis Yoga + Fitness, Solon
Cost: \$6/class



Barre3

Barre3 is a fantastic workout inspired by ballet barre, yoga, and Pilates. This full body workout, designed for all levels, will tone and lengthen your muscles, increase your heart rate, and build total body strength.

When: Monday, September 18th
Time: 7:00 – 8:00 pm
Where: Barre3, Solon
Cost: \$6/class



**Sign-ups for September classes will take place at the August General Meeting. For questions, or for sign-ups after the meeting, please e-mail Julianne and Emily at fitness@secpta.net. A 24 hour cancellation policy applies for all fitness classes to receive a refund. All fitness classes are geared to all levels unless noted otherwise.*

New September Fitness Opportunities

Power Sculpt

This highly energetic strength training class begins with a cardiovascular warm up and follows with forty minutes of challenging strength training exercises for all muscle groups. It will conclude with abdominal work and a cool down. This class is taught by fitness instructor Frannie Danziger, and she will be sure to lead you through an exciting yet challenging workout.

When: Saturday, September 2nd
Time: 8:00 – 9:00 am
Where: Pioneer Preschool Gym, Solon
Cost: \$6/class

Iron-Oak Fitness

This one hour class encompasses all aspects of fitness. Class begins with a movement specific warm up, followed by strength training and high intensity intervals using a variety of equipment and body weight exercises. Expect to get your heart rates up and step out of your comfort zone! Before you leave, we will be sure to hit some stretching and mobility exercises.

When: Thursday, September 7th
Time: 7:00 – 8:00 pm
Where: Iron-Oak Fitness, Solon
Cost: \$6/class



Cleveland Metropark Trail Challenge

Want to enjoy hiking the award winning Cleveland Metropark trails with the Trail Challenge? Grab the family and get hiking! If you complete the Trail Challenge (sponsored by the Cleveland Metroparks), you will get a credit for one SECPTA fitness class! To participate, pick up a brochure from the General Meeting or any Cleveland Metropark and hike 10 of the 25 options between now and December 31st. Let us know when you've completed the Trail Challenge by showing us your complementary shield (issued by Cleveland Metroparks). Now take a hike FOR FREE!



BACK TO SCHOOL? STAY IN THE POOL!

The start of school shouldn't signal the end of swim lessons! Keep summer progress going at Goldfish! With open enrollment and plenty of options, we can find lesson times for even the busiest of schedules. **CALL TODAY!**

CLEVELAND EAST SIDE | 216.364.9090
FAIRVIEW PARK | 440.333.5393

Visit us online at goldfishswimschool.com



It's time for SOCCER!

Each fall, SECPTA sponsors a fun, non-competitive **SOCCER** league for kids ages 3 through 5. Registration is now open! We focus on teaching good sportsmanship, gaining basic soccer knowledge, making new friends, and most of all, **HAVING FUN!** Registration is available **ONLINE ONLY** at www.secpta.net on the "Children" page, under "Soccer." Remember, you must be a current 2017-2018 SECPTA member in order to participate in sports. If your membership expired July, 2017, you must renew it to play soccer. **Registration closes August 26th, so sign up today!**



- ⚽ **Who:** Children ages 3 (must turn 3 by 9/16/17) through 5 years
- ⚽ **When:** Saturday mornings beginning September 16th through October 21st
*Rain Date of October 28th if needed
*ALL games begin at 9:30 am
- ⚽ **Where:** Solon Community Park Rec Fields (next to the tennis courts)
- ⚽ **Cost:** \$20 per child

We need your help! SECPTA soccer runs on volunteers! Please consider coaching. Any interested parent should sign up on your child's registration form. No experience necessary!!



Introducing the new SECPTA FOODIE CLUB!

Foodie Club kicks off with our first event on **Wednesday, August 30th at 6:00 pm**. We will be going to **Gourmets in the Garden** at the **Cleveland Botanical Gardens**. Pick up cooking tips, watch live demonstrations, and sample fine cuisine from Chef Douglas Katz of Fire Food and Drink. Whether you're a foodie, a skilled chef yourself, or completely new to the kitchen, Gourmets in the Garden will delight your taste buds and sharpen your culinary skills. Tickets to this event will be \$5 for our members. Space is limited so be sure to sign up soon at the General Meeting or by contacting foodieclub@secpta.net.



Next up, on **Saturday, September 16th**, Foodie Club is going to check out **Cleveland Eats a Tri-C Culinary Festival!** This event is hosted on Mall B in downtown Cleveland and runs from 12:00 pm – 10:00 pm. It will feature more than 30 of the city's top chefs preparing delicious small plates, continuous live entertainment, amazing culinary demonstrations, family-friendly events, and lots to see and do. The festival concludes with a magnificent firework display over downtown CLE! Tickets to this event will be \$3 and children can attend for free with your adult ticket. Please be aware that once you are in, the event is CASH only and all specialty food plates will be \$5. Sign up for the event at the General Meeting or by contacting foodieclub@secpta.net.

SECPTA SERVICE

Help our little ones make a difference in our local communities!!!

For the first time, SECPTA sponsored two community garden plots in the Twinsburg Community Gardens located on the corner of Route 91 (Darrow Road) and Office Joshua T. Miktarian Memorial Parkway. We're growing **tomatoes**, **peppers**, **green beans**, **cucumbers**, **flowers**, **herbs**, **carrots**, and more! Some final watering, cultivating, and harvesting events will be scheduled. Look for event information on the SECPTA Facebook page. SECPTA members (especially young gardeners!) are encouraged to join in the gardening fun! Gardening volunteers will get to sample our garden's produce during these events. If you're interested in helping or have questions, please e-mail Lydia at picnicpals@secpta.net.



Join the SECPTA Service Committee as we harvest the remaining goodies from the SECPTA Garden. We will meet at the garden on **Monday, August 14th at 10:30 am**. Please wear shoes and clothes that you don't mind getting dirty and bring gardening gloves if you have them. We will harvest and donate the proceeds to Our Community Hunger Center in Twinsburg. After the children make their donation, we will gather in the Twinsburg Town Square, located at the corner of Route 82 and Darrow Road, for some games and a snack. Feel free to bring a picnic lunch!!! This event will be held weather permitting. To sign up for this event, e-mail Danielle or Marlee at service@secpta.net.

*****A VERY BIG THANKS** to **Petitti Garden Center** for donating 5 flats (100+ plants!) of vegetable plants to our garden! This generous donation made our garden extra productive for our own donation to the Hunger Center.***



During the months of August through October, SECPTA will be assembling "Grab and Go" breakfast bags for the Ronald McDonald House of Cleveland. Please stop by the Service table on Saturday, August 12th at the Welcome Picnic or at the General Meeting on Tuesday, August 22nd to learn more about how you can help!!!

SECPTA HALLOWEEN PARTY

Save The Date!

**Friday, October 20th
5:30-7:30 pm**

**Parkside
Elementary School
Gym**



Fostering a love of dance via accessible, affordable community-based programming.

www.communitiesinmotioncleveland.com

- Itty Bitty Ballet
- Princess Ballet
- Move and Groove
- Line Dance
- Hip Hop, Cheer and Tumble
- ..And More!



Communities in Motion has a variety of classes for Ages 1 and up!

LOCATIONS:
Beachwood • Lyndhurst • Mayfield

CONTACT INFO:
Toll-Free: 1-800-734-1545
info@communitiesinmotioncleveland.com

Join us for a playdate!



SECPTA Playgroups

Check out Playgroups if you'd like to meet and hang out with SECPTA friends!

- **Organized Playgroups** are assigned by kids' ages and meet at members' homes or location of choice. Sign-up form is at the end of this newsletter.
- We also schedule periodic **Playdates** which are open to all SECPTA members! We meet at local (usually free) locations a few times a month. Request to join the SECPTA Playgroups Facebook group to stay up-to-date!

September Playdates: *(more dates may be added on the Facebook Playgroups Page)*

- Thursday, September 7th, 9:30 am – 12:00 pm, Scavenger Hunt & Playground Fun, Solon Community Park
- Monday, September 18th, 4:00 – 6:00 pm, Local Library or Park
- Thursday, September 28th, 9:30 – 10:30 am, "Look Who's Talking" Parent/Toddler Speech Playdate

"Look Who's Talking" Parent/Toddler Speech Playdate **with Senior Speech Language Pathologist, Lauren Masuga, CCC-SLP**

Join us on Thursday, September 28th in the Solon Library's large meeting room from 9:30 – 10:30 am. Learn tips & tricks that focus on language enrichment strategies to use at home during daily routine, modeling developmentally appropriate speech sound, identifying social skills needed for playtime with peers, and pre-literacy skills to prepare for preschool. Ages: 15 months – 3 years with ANY speech level. Cost is \$8 and includes a snack and drink. Maximum of 10 children. E-mail Kristen E. at playgroups@secpta.net for more information.

Check out SECPTA Book Club!

SECPTA Book Club meets once a month and members get to recommend and vote on the books we read. Request to join the **SECPTA Book Club Facebook group** to keep up with the latest information. Contact **Lydia** at bookclub@secpta.net for more information.



Upcoming Book Club Meetings:

- Friday, August 25th at 7:30 pm, *Big Little Lies* (Moriarty), location TBD
- Thursday, September 21st at 7:30 pm, *Orphan Train* (Kline), location TBD

2017 PICNIC PALS EVENTS



Join us for 2 final **Picnic Pals events** this August (see below) to meet other parents and let your kids play! **All events are free and open to the public** (no sign-ups necessary), so invite your friends! All events will be held weather-permitting. More information about Picnic Pals will be available at www.secpta.net (or e-mail picnicpals@secpta.net).

Friday, August 4th from 2:00 – 4:00 pm

Preston's H.O.P.E.

26001 South Woodland Road, Beachwood (at the Mandel JCC)

Host: Kate Gagne

This is the largest fully accessible playground in Northeast Ohio. It features make-believe houses, raised walkways, a play theater, sand & water areas, swings, tunnels, slides, and much, much more! We'll meet at the entrance at 2:00 pm before the kids decide where they'd like to play!

<http://www.prestonshope.com/>



Tuesday, August 8th from 9:30 – 11:30 am

Arthur Road Elementary School Playground

33425 Arthur Road, Solon

Host: Lydia Kruse

Join us for our 2017 Picnic Pals finale! **Meet us behind the elementary school for some playground fun, a special SECPTA obstacle course, and celebratory summer treats!**

Here you'll find plenty of playground equipment (3 separate playgrounds close to the parking lot!), a field where you can picnic or kick a ball, and a paved area to ride bikes.



*****PICNIC PALS** was possible this summer thanks to the help from the following hosts:

Kristen Cash, Marie Soha, Amy Frackelton, Marlee Chase, Danielle Violette, Michelle Petitti, Chelsea Misseldine, Emily Gallagher, Sharon Gray, Judy Novak, Maya Brown-Zimmerman, LeeAnn Clemens, Jenny Ridings, & Kate Gagne. A big thanks to all of them for helping to make Picnic Pals fun this summer! ***

Solon Community Band

Free summer concert

August 13th at 3pm Solon Community Park
Sponsored by the Solon Early Childhood PTA



For more information check out our website

www.soloncommunityband.org

<https://www.facebook.com/soloncommunityband>

Welcome SECPTA Adventurers!



Access to fun, age-appropriate field trips is one of the many great benefits that members of SECPTA are provided.

The 2017-2018 Field Trips Committee is hard at work planning some fantastic outings and we hope that you will join us!

The members of the Field Trips Committee are:

- Jamie Routman (Chair)
- Amy Frackelton
- Rose Kemmerling
- Karla Lane
- Catherine Yates

Our committee's goal is to provide fun, kid-friendly activities and events to help keep you and your family busy! Many of our trips are subsidized, so you can do things with your family you've always wanted, but maybe found too costly. Other trips provide access to places and events that only large groups are afforded. Come with us and enjoy outings with your children and the camaraderie of other SECPTA families!

We are always open to ideas and suggestions, especially at the beginning of the year, when we still have openings in the schedule. Please e-mail any trip suggestions you may have to fieldtrips@secpta.net.

Looking forward to meeting you on a SECPTA field trip!

Jamie Routman
Field Trips Chair
fieldtrips@secpta.net

IMPORTANT FIELD TRIP POLICIES

SIGN-UP POLICY:

Field trip sign-ups are FIRST COME, FIRST SERVE. Sign-ups will be accepted in the following order:

1) BOARD MEETINGS:

As a privilege to Board members, sign-ups will be made available to members at monthly board meetings starting at 7:45 pm. Sign-ups will conclude at 8:00 pm at the start of the Board Meeting.

2) GENERAL MEETINGS:

Sign-ups will begin at each General Meeting at 6:15 pm. A line will form outside the meeting room and Field Trip Forms will be collected and numbered. Following the conclusion of the meeting, processed Field Trip Forms can be picked up and payment can be made via cash or check. If you are unable to stay until the end of the meeting, payment in the form of a check made out to SECPTA must be sent to Treasurer, Karolina Buckley, at:

P.O. Box 391354
Solon, OH 44129

3) AFTER GENERAL MEETINGS:

Once the sign-ups at general meetings are complete, you may sign up by e-mailing the designated Field Trips Coordinator for each particular field trip. (Name@secpta.net).

Once you have confirmed a reservation (*some trips may be booked*), please send payment to the Treasurer, Karolina Buckley, **payable to SECPTA, including the trip title(s) in the Memo line.**

P.O. Box 391354
Solon, OH 44129

Payment should be received prior to the event date. ***Please note that no one is officially signed up until his or her name is on the sign-up form and payment is received.***

*Please note if the field trip(s) you are interested in have sign-up deadlines. After these deadlines, we cannot accept any further sign-ups or additions to the waitlist. We apologize for any inconvenience.

PAYMENT POLICY:

Online payments will be accepted via credit card. All checks are made payable to SECPTA. Refunds will not be issued for any ticketed events unless the ticket can be transferred to another SECPTA member. Refunds will not be issued for "no-shows" who do not provide 24-hour notice of cancellation.

WAITING LIST POLICY:

The Field Trips Committee will make their best effort to accommodate all members who have an interest in attending field trips in one or more of the following ways:

WAITING LISTS CREATED - Waiting lists will be created for all "full" field trips. Members will be contacted if spots become available.

INCREASING TICKET NUMBERS - If there is an overwhelming demand for a particular field trip, the committee will make their best effort to accommodate members by increasing the tickets/spots available. Please understand that some field trips have a limited amount of space/tickets available, and an increase may not be possible.

ADDITIONAL DATES SCHEDULED - If there is an overwhelming demand for a particular field trip, the Field Trips Committee will make their best effort to schedule additional dates if possible.

CANCELLATION POLICY:

In order to minimize SECPTA's expense for "No-Shows," and out of courtesy to your fellow SECPTA members, it is imperative that you contact the designated Field Trip Planner via e-mail or telephone at least 24 hours prior to the event so we can fill your spot with another member.

Attendance will be taken at all field trips. No refunds/credits will be given for "no-shows" who have not given proper notification of cancellation.

"No-shows" can be an issue on field trips. We will be sending at least one reminder e-mail prior to each trip in an effort to minimize this. Field Trip reminder sheets will be available for you to fill out after completing the sign-up process. Each trip coordinator will make it clear the best way to contact them if you are not going to make it to an event, especially at the last minute. Please also remember that many trips are subsidized, so a "free" trip to you may not have been free to SECPTA.

ILLNESS POLICY:

Children and/or parents should not attend any SECPTA events if they exhibit any of the following symptoms:

Diarrhea more than once within 24 hours of the event; severe coughing; difficult or rapid breathing; yellowish skin or eyes; redness of the eye or eyelid including discharge, eye pain, matted eyelashes, burning or itching; temperature of 100 degrees Fahrenheit or higher; infected skin patches; unusual spots or rashes; unusually dark urine and/or gray or white stools; stiff neck with an elevated temperature; sore throat or difficulty swallowing; vomiting within 24 hours of the event; evidence of untreated lice; scabies, or other parasitic infestations.

LOOKING FOR NEW IDEAS AND MEMBERS!

As we already stated, our committee is continually looking for new ideas for field trips. If you have any leads for future events or are interested in joining the committee, please e-mail us (fieldtrips@secpta.net). Your help is always appreciated!!

FACEBOOK

Please "like" SECPTA on Facebook for reminders about field trips sign-ups and other useful SECPTA info!

CONTACT INFORMATION

In an effort to keep things simple, please use fieldtrips@secpta.net to contact us. You may receive different contact information for a particular trip you are scheduled for from that Field Trip Coordinator. That information is specific to each trip, each month.



SEPTEMBER FIELD TRIPS



Sign-ups will take place at the August General Meeting!
Please bring the attached Sign-Up Form already completed.

8/31/17 (Thursday) Geauga County Fair

Visit the oldest county fair in Ohio during Labor Day Weekend, featuring over 13,000 exhibits, rides, music, games, animals, and much more. A full schedule of daily activities can be found at www.geaugafair.com.

Time: 11:00 am – 1:00 pm
Location: Geauga County Fairgrounds
14373 North Cheshire Street, Burton
Cost: FREE
**Admission is free until noon. Admission later than 12:00 pm is \$5/person, paid at the door.*
Ages: All ages
Contact: Karla@secpta.net
Sign-up deadline: 8/29/17



9/8/17 (Friday) Monroe's Orchard Wagon Ride & Tour

Time to welcome fall and take a trip to Monroe's Orchard & Farm. The morning starts with some sightseeing while on a wagon ride through the farm and then picking an apple. We will then take a peek at the apple sorting process, tour the market, and eat an apple! Limit of 40 people.

Time: 9:30 – 11:00 am
Location: Monroe's Orchard & Farm Market
6313 Pioneer Trail, Hiram
Cost: \$4/person
Ages: All ages; ideal for ages 3 years +
Contact: Rose@secpta.net
Sign-up deadline: 9/1/17



9/9/17 (Saturday) Parent-Child Yoga PLAYshop and Storytime

Books and music bring yoga to life! Get ready for a yoga adventure as we explore poses, breathing, and mindfulness activities, inspired by our favorite books. A focus on partner poses between adults and children fosters teamwork and compassion among families, all while creating strong bodies and calm hearts as we play. Limit of 15 families.

Time: 3:30 – 4:15 pm
Location: Oasis Yoga
33180 Station Street, Solon
Cost: \$12/family
Ages: 2 – 5 years
Contact: fieldtrips@secpta.net
Sign-up deadline: 9/2/17



9/10/17 (Sunday) Mitchell's Ice Cream

Come join us at Mitchell's Ice Cream before the store opens for a behind-the-scenes look at making waffle cones. After the demonstration, each child will receive a scoop of ice cream and toppings to make (and eat) their own sundae! Adults are welcome to purchase their own ice cream, too. Limit of 15 children.

Time: 10:30 – 11:30 am
Location: Mitchell's Ice Cream
6130 Kruse Drive, Solon
Cost: \$4/child
Ages: 2 years +
Contact: fieldtrips@secpta.net
Sign-up deadline: 9/5/17



9/13/17 (Wednesday) Solon Marching Band

Let's watch and listen to the Solon High School marching band. Children will have an opportunity to march with the band, so bringing a favorite instrument is encouraged! No maximum amount of children.

Time: 6:30 – 7:30 pm
Location: Solon High School Football Field
33600 Inwood Drive, Solon
Cost: FREE
Ages: All ages
Contact: Catherine@secpta.net
Sign-up deadline: None



9/15/17 (Friday) Lakeshore Learning Store Craft

Kids will make a craft to take home. Before or after the craft, "explore, discover, play and learn" at the store and shop through hundreds of items the store has to offer. Class is limited to 20 children.

Time: 1:00 – 1:30 pm
Location: 27500 Chagrin Boulevard, Woodmere
Cost: \$1/child
Ages: All ages, ideal for ages 3 years +
Contact: Karla@secpta.net
Sign-up deadline: 8/31/17



9/19/17 (Tuesday) Chagrin Falls Playground and Ice Cream

Join us for a morning of fun in downtown Chagrin Falls. We will meet at the Riverside Park playground at the start of the trip. Don't forget to bring rice, birdseed, or vegetable trimmings to feed the ducks. After unwinding on the playground, we will head to the Popcorn Shop where each child will receive a scoop of ice cream. After eating ice cream, feel free to explore Chagrin Falls further, including visiting the falls themselves. Maximum of 15 children.

Time: 3:00 – 4:30 pm
Location: Chagrin Falls Popcorn Shop
53 North Main Street, Chagrin Falls
Cost: \$2/child
Ages: All ages
Contact: Catherine@secpta.net
Sign-up deadline: 9/15/17



9/23/17 (Saturday) Super Hero Party - Good Manners

Wear your favorite Superhero attire! Learn how to be a Superhero by using your magic words, by knowing your dining manners, and how to give proper introductions. Enjoy a Superhero craft and music! Limit of 15 kids.

Time: 11:00 am – 12:00 pm
Location: Twinsburg Library - Meeting Room 1
10050 Ravenna Road, Twinsburg
Cost: \$10/child
Ages: 3 years +
Contact: Amy@secpta.net
Sign-up deadline: 9/16/17



9/24/17 (Sunday) Patterson's Fun Fest

Relax in outdoor farm fun area – designed for families with preschool aged children to choose the pace and activities you most enjoy together. Play in hay stacks, climb tree houses in the woods, slide down the 50 foot double slide, wander through our corn maze, and take a wonderful nature hike through the ravines and hills of Geauga County. The admission fee includes a wagon ride.

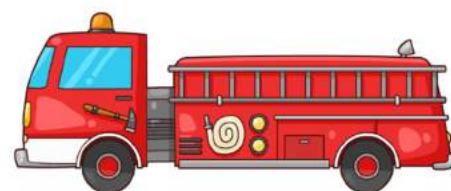
Time: 10:00 am
Location: 8765 Mulberry Road, Chesterland
Cost: \$7/person (ages 3 and older)
Ages: All ages
Contact: Amy@secpta.net
Sign-up deadline: 9/23/17



9/27/17 (Wednesday) Solon Fire Station Tour

Tour part of the fire station and explore fire trucks and emergency vehicles as well as talk to some of Solon's firefighters. There is a maximum of 15 children.

Time: 1:00 – 1:30 pm
Location: Solon Fire Station
6320 SOM Center Road, Solon
Cost: FREE
Ages: All ages
Contact: Karla@secpta.net
Sign-up deadline: 8/31/17



**CHECK
THIS OUT!**



Would you like to schedule a date with your spouse, an appointment, or shopping trip and not have to bring the kids?

What about having dependable, reliable babysitting, that's also FREE?

Then the SECPTA Babysitting Co-op is for you. It's a group of SECPTA members that exchange babysitting services for each other. The Babysitting Co-op provides members with a babysitting option where no money is exchanged.

Participation can begin once the person is a paid SECPTA member, attends a co-op meeting, and completes an authorization form. **Monthly meetings are held the third Tuesday of each month and are hosted by co-op members.**

To join or find out more information, please contact Laura at babysittingcoop@secpta.net.

Do you know a SECPTA member who could use a friend? Did they just have a baby? Is a medical issue taking away their time and attention?

HELPING



HANDS

If so, please let us help them! The Helping Hands Committee looks forward to preparing a home-cooked meal for a fellow SECPTA member who may need the extra hand! Whether it is for a new mother or a family going through a tough time, we are here to help.

Also, if you would like to join the Helping Hands Committee, please contact Jen for more information. We are always looking for new members!

E-mail Jen at helpinghands@secpta.net to begin a meal delivery service or to join the committee.

ADVERTISE WITH US!



Do you have a business or event that you would like to promote?

Let SECPTA help you get the word out!

Contact Kristen C. at
waysandmeans@secpta.net.

Please ask about special member pricing!



Professional Nannies and On Call Sitters

The Nanny Connection
Is your personal, professional
solution to quality childcare.
From a long term nanny to an
occasional sitter, we can help!

We live and work in Solon,
and are committed to
providing the best childcare
available to your family!
Call us today to learn more.

216-77-NANNY
www.yournannyconnection.com



2017-2018 Playgroup Request Form

Thanks for your interest in SECPTA Playgroups! Playgroups are organized based on child's age and availability, and meet at member's homes or at a location of choice. Please provide the following information and submit the form to Kristen Eschmann at playgroups@secpta.net (you can scan and e-mail the document, take a cell phone picture and e-mail it, or copy/paste the information into an e-mail). Feel free to contact Kristen for any questions, comments, or ideas you may have.

Parent Name(s): _____

Cell phone number: _____

Email address: _____

Child(ren) who will be participating in the playgroup:

Name: _____ Age: _____ Male / Female

Name: _____ Age: _____ Male / Female

Name: _____ Age: _____ Male / Female

Please mark an X through days and times when you **cannot** meet with a Playgroup. If you have a preference for a day/time to meet with a Playgroup, please indicate your first, second, and third preference for playgroup times by writing a 1, 2, & 3 in the appropriate boxes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning							
Afternoon							
Evening							

Would you be willing to be the group's leader (responsible for communicating with the SECPTA Playgroups Chair and providing immediate support to the group, as needed)? Yes / No

How do you prefer to communicate with other Playgroup members (circle all that apply)?
Text / Email / Private Facebook group

How frequently would you like to meet with a Playgroup? _____ time(s) per month

Currently involved in the Babysitting Co-Op? (Yes/ No) Are you interested in a Babysitting Co-Op Playgroup? (Yes/No)

Please provide any additional information that might be relevant to your Playgroups experience:



Parent Name(s): _____

Email Address: _____

Best contact phone number: _____

Child Name(s) and Age(s): _____

SEPTEMBER FIELD TRIPS **SIGN UP SHEET**

Geauga County Fair: _____ @ free \$_____

Monroe's Orchard: _____ kids @ \$4
_____ adults @ \$4 \$_____

Parent-Child Yoga: _____ family @ \$12 \$_____

Mitchell's Ice Cream: _____ kids @ \$4 \$_____

Solon Marching Band: _____ people @ free \$_____

Lakeshore Learning: _____ kids @ \$1 \$_____

Chagrin Falls: _____ kids @ \$2 \$_____

Super Hero Party: _____ kids @ \$10 \$_____

Patterson's Fun Fest: _____ kids @ \$7
_____ adults @ \$7 \$_____

Solon Fire Station Tour: _____ kids @ free \$_____

TOTAL \$_____

Member Name: _____

PAYMENT FORM

Mom's Outing: _____ @ \$5 \$_____

-Chocolate and Wine Tasting
Dad's Outing: _____ @ \$10 \$_____

-Bowling
Couple's Outing: _____ @ FREE \$_____ n/a_____

-Taco Bar

Fitness:

-Cardio Interval: _____ @ \$6/class

-Yoga: _____ @ \$6/class

-Barre3: _____ @ \$6/class

-Power Sculpt: _____ @ \$6/class

-Iron-Oak Fitness: _____ @ \$6/class \$_____

Foodie Club:

-Garden Party: _____ @ \$5/ticket

-Tri-C Festival: _____ @ \$3/ticket \$_____

Playgroups: _____ @ \$8 \$_____

-Look Who's Talking
Field Trips: \$_____

TOTAL DUE: \$_____
paid by CASH / CHECK # _____