



The Solon Early Childhood PTA Newsletter: www.secpta.net

The Solon Early Childhood PTA is a unit of the Ohio Parent Teacher Association (PTA), organized for the parents of preschool age children (birth-5) regardless of what school the child will attend. Expectant parents are also welcome.

We always welcome new members from Solon and the surrounding communities. If you are the parent of a preschool age child or infant, we have something for you!

MEMBERSHIP REMINDER

Ready or not, here it comes! Renew your SECPTA membership NOW! It's so easy!! Go to www.secpta.net/register for more information and to join. Questions? Reach out to membership@secpta.net. Don't miss a moment of the fun!

TINA'S THOUGHTS

Notes from the SECPTA President:

We had so many new members at our August meeting, which makes us even more excited for the year to come! We hope everyone enjoyed learning about all SECPTA has to offer. This is the perfect time of year to build in activities for ourselves and our little ones. I'm looking forward to getting out and about with my preschooler during the week, bringing the whole family along during evening and weekend events and taking some time away to enjoy adult outings. I'm also looking forward to rolling out our new website with online registration and payment. Please join us at the September General Meeting to learn more about this procedure.

Tina

president@secpta.net

INSIDE THIS ISSUE:

General Meetings	p. 2	Service/Boo Grams	p. 8
Adult Outings	p. 3	Playgroups	p. 9
Coffee Club	p. 4	Field Trips	p. 11-17
Fitness	p. 5-6	Boo Gram Sign-Up Form	p. 21
Book Club	p. 6	Playgroups Sign-Up Form	p. 22
Foodie Club/New Members	p. 7	Field Trip Sign-Up Form	p. 23

SECPTA GENERAL MEETINGS

SECPTA General Meetings are held once each month and are a place to socialize, build community, learn something, and meet new people. The meetings are open to the public, free of charge, and do not require an RSVP. Complimentary child care and pizza are offered at every meeting. If you have any questions, please feel free to e-mail us; otherwise we're looking forward to getting to know you at one of our General Meetings!

Jennifer Frazier, VP of Programs and Allison Mustar, Chair of Programs
programs@secpta.net

September's General Meeting and Program:

PICKY EATERS

Tuesday, September 26th at 6:15 pm

Solon Community Center, 35000 Portz Parkway

Join us for our General Meeting and guest speaker on the topic of "Picky Eaters."

Many two-year-olds are picky eaters. But how do you know when this problem has gone too far? Children who are picky eaters often go through a phase. But some children do not grow out of this phase and become resistant eaters even past the preschool years. Learn some tips and tricks from our professionals to help your picky eater expand his/her diet.

The presentation will be led by Stefanie Peck and Brenda Richards from The Center for LifeSkills.

Schedule:

6:15 pm **Arrival, sign-ups, refreshments**

6:30 pm **Business meeting**

6:45 pm **"Picky Eaters" program**

7:45 pm **Check out, meeting adjourns**

All General Meetings include complimentary child care in a room immediately adjacent to the meeting as well as pizza.



SAVE THE DATE!



"Family Finances" by Todd Pouliot from Gateway Financial
October General Meeting on Tuesday, October 24th at 6:15 pm



OCTOBER ADULT OUTINGS

MOMS OUTING

Wild Lily Studio

Thursday, October 26th at 7:00 pm

Bring out that crafty side and join the **MOMS** of SECPTA at **Wild Lily Studio** in Twinsburg. All crafting levels welcome! For \$25, you will get all of your supplies and an evening out socializing with other SECPTA moms. We will be making a wooden block craft that can be used during fall and the Christmas season. Please sign up at the September General Meeting!



DADS OUTING

Shuffle on down to Forest City Shuffleboard!

The SECPTA **DADS** will be enjoying a night out in Ohio City! We will meet at **Forest City Shuffleboard** at **6:00 pm** on **Saturday, October 21st** and enjoy roughly 2 hours of fun. Afterwards, we will travel to several fine establishments in the area to be determined by the dads participating. Possible options include Platform Brewery, West 25th, or Saucy Brew Works. Light appetizers will be provided by SECPTA. Cost is \$5/dad, and you can sign up for this event at the September General Meeting.



COUPLES OUTING

Halloween House Party

Saturday, October 14th at 7:00 pm

Join us for an old school Halloween House Party at a fellow member's Twinsburg home!

*Bobbing for apples and games galore,
treats will be plenty, so much fun in store,
so put on a costume and fly on in,
we cannot wait for the fun to begin!!*

Rev. Tim Brainard, who has been featured on Fox News, several radio programs, and Oprah (!!!!), will also be at the party performing individual readings (cost is \$20/reading paid to him). You will not want to miss this!! Party starts at **7:00 pm**, so line up those sitters now!! Please sign up at the September General Meeting!!



SAVE THE DATES FOR THESE SEPTEMBER OUTINGS:

On **Friday, September 8th**, the Dads of SECPTA will be playing **POKER!**

On **Saturday, September 9th**, the Moms of SECPTA will be taking a **WINE TOUR IN GENEVA!**

On **Friday, September 29th**, the Couples of SECPTA will be going to **BIG BANG DOWNTOWN!**

SECPTA's Coffee Club:



Spiders, bats, black cats, and more...let's see what Coffee Club Spooktacular has in store! Join us for a "Not-so-Scary" Halloween party on **Friday, October 20th** from **9:30 am – 11:30 am** at Kristen Cash's home in Glenwillow. Dress in your Halloween best and share some spooky fun with your SECPTA friends! There will be lots of crafts, trick-or-treat fun, and tasty food so come hungry and ready for the monster bash!



Save the date for the next Coffee Club playdate:

Thursday, November 16th at Brianna Torrey's home in Chagrin Falls

"Giving Thanks"



SECPTA HALLOWEEN PARTY

Save The Date!

Friday, October 20th
5:30-7:30 pm

**Parkside
Elementary School
Gym**



*Fostering a love of dance via accessible, affordable
community-based programming.*

www.communitiesinmotioncleveland.com

- Itty Bitty Ballet
- Princess Ballet
- Move and Groove
- Line Dance
- Hip Hop, Cheer and Tumble
- ..And More!



Communities in Motion has a variety of classes for Ages 1 and up!

LOCATIONS:
Beachwood • Lyndhurst • Mayfield

CONTACT INFO:
Toll-Free: 1-800-734-1545
info@communitiesinmotioncleveland.com

FITNESS

Thank you for all the excitement and sign-ups for September! Let's keep working out together! Fall is a great time to get back into your fitness routine. To create consistency within your workout routine, we are excited to offer three classes that will be ongoing throughout the SECPTA year. On top of that, each month will offer additional, various workouts and classes where you will have the opportunity to try new things! Stay tuned each month to see what SECPTA fitness has to offer.

Ongoing Monthly Classes

Cardio Interval

Cardio interval is a challenging workout led by personal trainer/fitness instructor Christine Hales. Geared to all levels, cardio interval class alternates intervals of strength training and cardio bursts. This intense yet easy to follow class targets every muscle group and burns many calories.

When: Saturday, October 7th, 21st, and 28th
Time: 8:00 – 9:00 am
Where: Pioneer Preschool Gym, Solon
Cost: \$6/class

**There is still time to register for the September classes on Saturday, September 9th, 16th, 23rd, and 30th*

Oasis Yoga + Fitness - Yoga & TRX

Oasis Yoga + Fitness combines the powerful benefits of yoga with the TRX system to yield full body strength and wellness. This class will utilize your bodyweight with TRX to promote strength, stability, and balance. This will be followed with vinyasa yoga where we will be led through a series of poses to promote flexibility and healing.

When: Sunday, October 8th and 22nd
Time: 6:30 – 7:30 pm
Where: Oasis Yoga + Fitness, Solon
Cost: \$6/class



**There is still time to register for the September classes on Sunday, September 10th and 24th*

Barre3

Barre3 is a fantastic workout inspired by ballet barre, yoga, and Pilates. This full body workout, designed for all levels, will tone and lengthen your muscles, increase your heart rate, and build total body strength.

When: Monday, October 30th
Time: 7:00 – 8:00 pm
Where: Barre3, Solon
Cost: \$10/class



**There is still time to register for the September class on Monday, September 18th*

**Sign-ups for all fitness classes will take place at the monthly General Meeting. For questions, or for sign-ups after the meeting, please e-mail Julianne and Emily at fitness@secpta.net. A 24 hour cancellation policy applies for all fitness classes to receive a refund. All fitness classes are geared to all levels unless noted otherwise.*

October Fitness Opportunities

Power Sculpt

This highly energetic strength training class begins with a cardiovascular warm up and follows with forty minutes of challenging strength training exercises for all muscle groups. It will conclude with abdominal work and a cool down. This class is taught by fitness instructor Frannie Danziger, who will be sure to lead you through an exciting, yet challenging workout.

When: Saturday, October 14th
Time: 8:00 – 9:00 am
Where: Pioneer Preschool Gym, Solon
Cost: \$6/class

Pyro-Pilates

Pyro-Pilates is an energetic and fun workout combining yoga, Pilates, and high intensity interval training. The class focuses on 3 sections: core strength through Pilates mat exercises, cardiovascular health through cardio intervals, and a mind-body awareness through continued Pilates movement. This 60 minute class is held in a slightly heated room and conducted to fast-paced music. All levels are welcome. 20 person class max.

When: Monday, October 16th
Time: 6:30 – 7:30 pm
Where: Hot Yoga, Twinsburg
Cost: \$6/class

Cleveland Metropark Trail Challenge

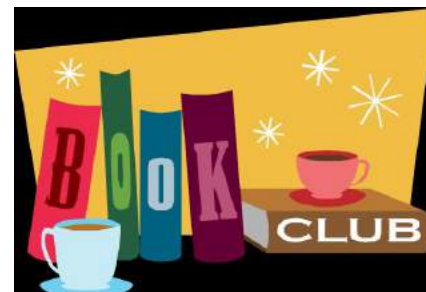


Want to enjoy hiking the award winning Cleveland Metropark trails with the Trail Challenge? Grab the family and get hiking! If you complete the Trail Challenge (sponsored by the Cleveland Metroparks), you will get a credit for one SECPTA fitness class! To participate, pick up a brochure from the General Meeting or any Cleveland Metropark and hike 10 of the 25 options between now and

December 31st. Let us know when you've completed the Trail Challenge by showing us your complementary shield (issued by Cleveland Metroparks). Now take a hike FOR FREE!

Check out SECPTA Book Club!

SECPTA Book Club meets once a month and members get to recommend and vote on the books we read. Request to join the **SECPTA Book Club Facebook group** to keep up with the latest information. Contact **Lydia** at bookclub@secpta.net for more information.



Upcoming Book Club Meetings:

- Thursday, September 21st at 7:30 pm, *Orphan Train* (Kline), location TBD
- Thursday, October 19th at 7:30 pm, *The Other Einstein* (Benedict), location TBD

SECPTA FOODIE CLUB

There is still time to sign up for **Cleveland Eats a Tri-C Culinary Festival!** This event is hosted on Mall B in downtown Cleveland on **Saturday, September 16th** and runs from **12:00 pm – 10:00 pm**.



It will feature more than 30 of the city's top chefs preparing delicious small plates; continuous live entertainment; amazing culinary demonstrations; family-friendly events; and lots to see and do. The festival concludes with a magnificent firework display over downtown! Tickets to this event will be \$3 and children can attend for free with your adult ticket. Feel free to attend this event at your own time and pace as we will not be meeting as a group for this one. Please be aware that once you are in, the event is CASH only and all specialty food plates will be \$5. Sign up for the event at the General Meeting or by e-mailing foodieclub@secpta.net.

Feeling adventurous? Pack up the family and take a trip to the west side for the 3rd Annual **Crocker Park Food Truck Challenge**, taking place **Saturday, October 7th** from **11:00 am – 4:00 pm**. Over 25 trucks will be on-site, each bringing their own unique menus. During the event, every participating food truck will create a delicious sample for our guest judges to try. Winners will be announced at 3:00 pm. You too can vote on your favorite truck, with the winning truck receiving the coveted title "Crocker's Coolest Food Truck."



Are YOU Afraid of the Dark???

NEW MEMBERS-Mom's Spooooooky Night Out!

Friday, October 13th at 7:30 pm
\$8/person

**Bring cash as we will pay there*

We will meet at LeeAnn Clemens's house in Bainbridge for some hot apple cider and doughnuts before heading deep into the dark woods to explore and survive The Hudson Haunted House!



RSVP if you dare to LeeAnn at newmembers@secptanet.

SECPTA SERVICE

Help our little ones make a difference in our local communities!!!

During the months of August through October, SECPTA will be assembling "Grab and Go" snack bags for the Ronald McDonald House of Cleveland. If you would like to contribute, please stop by the Service table at the September General Meeting to pick up a bag. Then you and your little ones can shop till you drop and buy all sorts of non-perishable goodies for your bags! You can return your filled bags at the September or October General Meetings or at the Children's Halloween Party!



Ronald
McDonald
House®
Cleveland

If you have any questions, please e-mail Danielle or Marlee at service@secpta.net.

SECPTA BOO Grams are Baaaaack!

What's a BOO Gram? BOO Grams are a fun, treat-filled bag of goodies (candy and snacks, stickers, small toys, and other fun stuff) that you, a friend, or family member can order for your kids! They are personalized with each child's name and will be delivered to their doorstep the week before Halloween as a special surprise!

Who can order BOO Grams? Anyone! You don't have to be a SECPTA member to order Boo Grams, and neither does the child. We only ask that the **recipients live in Solon, Glenwillow, Twinsburg, Aurora, Reminderville, Macedonia, or the Chagrin Falls area.**

How much are they? **Only \$5 per BOO Gram!** This is a SECPTA fundraiser, so all proceeds go back into the organization. Cash and checks made payable to SECPTA will be accepted.



How do I order them? Please print and fill out the BOO Gram form on page 21. You'll need to print separate forms for BOO Grams going to different addresses. Please turn in the forms and payment at the September General Meeting, any soccer game, the Children's Halloween Party on Friday, October 20th, or mail to SECPTA c/o Kristen Cash, PO Box 391354, Solon, OH, 44139. The deadline is **Friday, October 20th.**

Any questions, please e-mail Kristen at waysandmeans@secpta.net.

Join us for a playdate!



SECPTA Playgroups

- **Organized Playgroups** are assigned by kids' ages/availability and meet at location of choice. E-mail playgroups@secpta.net to sign up.

- **Playdates** are open to all SECPTA members! We meet at local locations a few times a month.

Upcoming Playdates:

(more info on "SECPTA Playgroups" Facebook Page)

- Thursday, September 7th: 10:30 am – 12:00 pm, Scavenger Hunt, Solon Community Park
- Monday, September 18th: 4:00 – 6:00 pm, Orange Village's NEW Playground!
**Located at 4600 Lander Road, Orange*
- Thursday, September 28th: 9:30 – 10:30 am, "Look Who's Talking" Speech Playdate for Parent/Toddlers (see below)
- Tuesday, October 3rd: 11:00 am – 1:00 pm, Craft & Lunch Playdate - Mini Pumpkin Decorating (bring your own lunch to Solon Library meeting room)
- Wednesday, October 11th: 5:30 – 7:00 pm, Evening Playdate at Twinsburg Library's play room
- Thursday, October 26th: 10:30-11:15 am, Sign Language Demo Class for ages birth-2.5 years (see below)



Speech Playdate with Speech Language Pathologist, Lauren Masuga

Join us at Solon Library's meeting room to learn language enrichment strategies for daily routine, social skills, and pre-literacy skills for preschool. Ages: 15 months – 3 years with ANY speech level. Cost: \$8, includes snack/drink. E-mail playgroups@secpta.net for more information.

Sign Language Demo Class led by Certified Sign Language Instructor

Meet at Orange Library's "Hope meeting room A" to learn how to sprinkle family-friendly signs into songs & play with instructor Stephanie Bowlin. Cost: \$1. Minimum 3 children.



Back to school? Stay in the pool!

"Back to school" doesn't have to mean "out of the pool"! We believe that swim safety knows no season and perpetual lessons are the key to success in the water.

More reasons to enroll at Goldfish:

- 🐟 Kids as young as 4 months learn life-saving swim safety skills that stay with them forever.
- 🐟 No sessions here! Our perpetual model means you start lessons when it works for your family.
- 🐟 Extracurricular activities don't have to compete with swim lessons! Simply change your day and time — we teach our 30-minute lessons every day of the week all year long!
- 🐟 Have to miss a class? We offer free make-up lessons that work around school, sports, and all your child's other activities.
- 🐟 An extra bonus: Swim lessons have been proven to help increase confidence and help children perform better in the classroom.



Goldfish Swim School — Cleveland East Side

4670 Richmond Road, Suite 100
Warrensville Heights, OH 44128
216.364.9090
www.goldfishswimschool.com

■ LIKE US! facebook.com/goldfishclevelandeastside
■ FOLLOW US! [@goldfishswimschool](https://twitter.com/goldfishswimschool)

Welcome SECPTA Adventurers!



Access to fun, age-appropriate field trips is one of the many great benefits that members of SECPTA are provided.

The 2017-2018 Field Trips Committee is hard at work planning some fantastic outings and we hope that you will join us!

The members of the Field Trips Committee are:

- Jamie Routman (Chair)
- Amy Frackelton
- Rose Kemmerling
- Karla Lane
- Catherine Yates

Our committee's goal is to provide fun, kid-friendly activities and events to help keep you and your family busy! Many of our trips are subsidized, so you can do things with your family you've always wanted, but maybe found too costly. Other trips provide access to places and events that only large groups are afforded. Come with us and enjoy outings with your children and the camaraderie of other SECPTA families!

We are always open to ideas and suggestions, especially at the beginning of the year, when we still have openings in the schedule. Please e-mail any trip suggestions you may have to fieldtrips@secpta.net.

Looking forward to meeting you on a SECPTA field trip!

Jamie Routman
Field Trips Chair
fieldtrips@secpta.net

IMPORTANT FIELD TRIP POLICIES

SIGN-UP POLICY:

Field trip sign-ups are FIRST COME, FIRST SERVE. Sign-ups will be accepted in the following order:

1) BOARD MEETINGS:

As a privilege to Board members, sign-ups will be made available to members at monthly board meetings starting at 7:45 pm. Sign-ups will conclude at 8:00 pm at the start of the Board Meeting.

2) GENERAL MEETINGS:

Sign-ups will begin at each General Meeting at 6:15 pm. A line will form outside the meeting room and Field Trip Forms will be collected and numbered. Following the conclusion of the meeting, processed Field Trip Forms can be picked up and payment can be made via cash or check. If you are unable to stay until the end of the meeting, payment in the form of a check made out to SECPTA must be sent to Treasurer, Karolina Buckley, at:

P.O. Box 391354
Solon, OH 44129

3) AFTER GENERAL MEETINGS:

Once the sign-ups at general meetings are complete, you may sign up by e-mailing the designated Field Trips Coordinator for each particular field trip. (Name@secpta.net).

Once you have confirmed a reservation (*some trips may be booked*), please send payment to the Treasurer, Karolina Buckley, **payable to SECPTA, including the trip title(s) in the Memo line.**

P.O. Box 391354
Solon, OH 44129

Payment should be received prior to the event date. ***Please note that no one is officially signed up until his or her name is on the sign-up form and payment is received.***

*Please note if the field trip(s) you are interested in have sign-up deadlines. After these deadlines, we cannot accept any further sign-ups or additions to the waitlist. We apologize for any inconvenience.

PAYMENT POLICY:

Online payments will be accepted via credit card. All checks are made payable to SECPTA. Refunds will not be issued for any ticketed events unless the ticket can be transferred to another SECPTA member. Refunds will not be issued for "no-shows" who do not provide 24-hour notice of cancellation.

WAITING LIST POLICY:

The Field Trips Committee will make their best effort to accommodate all members who have an interest in attending field trips in one or more of the following ways:

WAITING LISTS CREATED - Waiting lists will be created for all "full" field trips. Members will be contacted if spots become available.

INCREASING TICKET NUMBERS - If there is an overwhelming demand for a particular field trip, the committee will make their best effort to accommodate members by increasing the tickets/spots available. Please understand that some field trips have a limited amount of space/tickets available, and an increase may not be possible.

ADDITIONAL DATES SCHEDULED - If there is an overwhelming demand for a particular field trip, the Field Trips Committee will make their best effort to schedule additional dates if possible.

CANCELLATION POLICY:

In order to minimize SECPTA's expense for "No-Shows," and out of courtesy to your fellow SECPTA members, it is imperative that you contact the designated Field Trip Planner via e-mail or telephone at least 24 hours prior to the event so we can fill your spot with another member.

Attendance will be taken at all field trips. No refunds/credits will be given for "no-shows" who have not given proper notification of cancellation.

"No-shows" can be an issue on field trips. We will be sending at least one reminder e-mail prior to each trip in an effort to minimize this. Field Trip reminder sheets will be available for you to fill out after completing the sign-up process. Each trip coordinator will make it clear the best way to contact them if you are not going to make it to an event, especially at the last minute. Please also remember that many trips are subsidized, so a "free" trip to you may not have been free to SECPTA.

ILLNESS POLICY:

Children and/or parents should not attend any SECPTA events if they exhibit any of the following symptoms:

Diarrhea more than once within 24 hours of the event; severe coughing; difficult or rapid breathing; yellowish skin or eyes; redness of the eye or eyelid including discharge, eye pain, matted eyelashes, burning or itching; temperature of 100 degrees Fahrenheit or higher; infected skin patches; unusual spots or rashes; unusually dark urine and/or gray or white stools; stiff neck with an elevated temperature; sore throat or difficulty swallowing; vomiting within 24 hours of the event; evidence of untreated lice; scabies, or other parasitic infestations.

LOOKING FOR NEW IDEAS AND MEMBERS!

As we already stated, our committee is continually looking for new ideas for field trips. If you have any leads for future events or are interested in joining the committee, please e-mail us (fieldtrips@secpta.net). Your help is always appreciated!!

FACEBOOK

Please "like" SECPTA on Facebook for reminders about field trips sign-ups and other useful SECPTA info!

CONTACT INFORMATION

In an effort to keep things simple, please use fieldtrips@secpta.net to contact us. You may receive different contact information for a particular trip you are scheduled for from that Field Trip Coordinator. That information is specific to each trip, each month.



OCTOBER FIELD TRIPS



Sign-ups will take place at the September General Meeting!
Please bring the attached Sign-Up Form already completed.

10/1/17 (Sunday) Fall Photos with Ashley Edwards

It's the perfect time of year to capture little ones surrounded by fall foliage or get the perfect family shot for upcoming holiday greeting cards. Sessions will last 15 minutes and include 5 edited, digital images as well as a printed 5x7 of your choice. We're excited to have Ashley, a new Board Member, share her talents with SECPTA families. Check out her portfolio at www.ashleyedwardsphotography.net.

Time: Sessions begin at 10:00 am; 15 minute sessions per family
Location: Twinsburg Area (exact location TBD)
Cost: \$50/family
Ages: All ages
Contact: president@secpta.net
Sign-up deadline: 9/28/17



10/5/17 (Thursday) Mapleside Farms

Enjoy the fall with a tour of Mapleside Farms. We will take a hayride tour of the orchard, explore the apple factory, play at the park and giant jump pad, and end the day with cider and doughnuts. Maximum of 30 total people.

Time: 3:00 – 4:30 pm
Location: Mapleside Farms
294 Pearl Road, Brunswick
Cost: \$9/child, \$7/adult
**children under 1 year are free but will not receive
cider and doughnut*
Ages: All ages
Contact: Catherine@secpta.net
Sign-up deadline: 9/26/17



10/6/17 (Friday) Exploring the Brecksville Metroparks – Life as a Chickadee!

Experience life as a chickadee! Discover the basic needs of these birds and how they survive. We will follow a trail on an interactive investigation through the chickadee's habitat. The majority of the time will be outside so dress accordingly.

Time: 9:30 – 11:00 am
Location: Brecksville Nature Center
9000 Chippewa Creek Drive, Brecksville
Cost: FREE
Ages: 3 years +
Contact: Rose@secpta.net
Sign-up deadline: 10/2/17



10/8/17 (Sunday) The Rainbow Serpent at Talespinner Children's Theatre

Join us in the beautiful re-telling of this powerful story, and learn more about the mysterious country that is "The Land Down Under," Australia. Many thousands of years ago, in a faraway land, it was Dreamtime. In Dreamtime, the Great Rainbow Serpent, Goorialla, creator of this world, awakens, and goes in search of his people. In the wake of his travels, he creates the mountains, valleys, and rivers that we now recognize as Australia. But not only did he give the people the land, he gave them his spirit in the sky--the rainbows, and the shooting stars. This is the Serpent's story--filled with magic, and myth, and the "becoming of all things."

****This is a ticketed event. No refunds will be given for cancellations or no-shows unless tickets are purchased by another family on the wait list.****

Time: 2:00 – 3:00 pm
Location: Reinberger Auditorium
5209 Detroit Avenue, Cleveland
Cost: \$5/person
Ages: All ages
Contact: fieldtrips@secpta.net
Sign-up deadline: 9/27/17



10/11/17 (Wednesday) Petitti Garden Center of Bainbridge

Help your child make and take home a pumpkin planter! Children can enjoy time in the corn pit and inflatable.

Time: 10:00 – 11:00 am
Location: Petitti Garden Center
18548 Chillicothe Road, Bainbridge
Cost: \$4/child
Ages: 2 – 5 years
Contact: Karla@secpta.net
Sign-up deadline: 9/30/17



10/12/17 (Thursday) Case Barlow Farm

Come and explore Case-Barlow Farm. We will be making butter, picking apples, and completing a craft. This is a historic farm settled in 1814. Feel free to pack a picnic lunch to enjoy after the tour.

Time: 9:45 – 11:15 am
Location: Case-Barlow Farm
1931 Barlow Road, Hudson
Cost: \$5/child
Ages: All ages
Contact: Catherine@secpta.net
Sign-up deadline: 10/8/17



10/14/17 (Saturday) Marvel Universe Live

Prepare for an action-packed, legendary battle to defend the universe from evil. Spider-Man, the Avengers, and the Guardians of the Galaxy join forces with Doctor Strange, master of the mystic arts, in a race against time to recover the Wand of Watoomb before it falls into Loki's hands. 25 tickets available - to be delivered electronically.

****This is a ticketed event. No refunds will be given for cancellations or no-shows unless tickets are purchased by another family on the wait list.****

Time: 11:00 am – 12:45 pm (includes intermission)
Location: Quicken Loans Arena
1 Center Court, Cleveland
Cost: \$18/person
Ages: 4 years +
Contact: president@secpta.net
Sign-up deadline: 10/7/17



10/15/17 (Sunday) Boo at the Akron Zoo

Dress your little ghosts and goblins in their costumes for everyone's favorite non-scary Halloween event. Use your candy passport to find all of the treat stations at the zoo while visiting the new snow lion cubs and all their other animal friends at the Akron Zoo.

****This is a ticketed event. No refunds will be given for cancellations or no-shows unless tickets are purchased by another family on the wait list.****

Time: 11:00 am
Location: Akron Zoo
505 Euclid Avenue, Akron
Cost: \$10/trick or treater (*any age child receiving candy*),
\$8/adult observer
Ages: All ages
Contact: Amy@secpta.net
Sign-up deadline: 9/30/17



10/17/17 (Tuesday) Solon Market District Tour

Transform a visit to your local Giant Eagle Market District store into a hands-on educational adventure. This trip reinforces lessons on nutrition, consumer education, and overall wellness. Content includes building health-smart habits, understanding portion size, making balanced meal choices, and the benefits of staying active. Limit of 15 kids.

Time: 10:00 – 11:00 am
Location: Giant Eagle Market District
34310 Aurora Road, Solon
Cost: FREE
Ages: All ages
Contact: fieldtrips@secpta.net
Sign-up deadline: 10/10/17



10/19/17 (Thursday) Our Royal Majesties' Cupcake Tea Party

Hear ye! Hear ye! Greenbridge Teahouse and Cafe will host a luncheon and royal cupcake tea party fit for our SECPTA princesses, princes, and adults! The menu includes a light snack followed by chilled tea, tea sandwiches, and fruit sticks. Dessert will be your own creation as each attendee will decorate his/her own cupcake to enjoy. Dressing in royal attire is encouraged. Children must be 3 years +. Limited to 16 attendees which includes adults.

Time: 11:30 am – 1:00 pm
Location: Greenbridge Teahouse and Café
9036 Church Street, Twinsburg (*park on Church Street*)
Cost: \$15/person
Ages: 3 – 5 years
Contact: Rose@secpta.net
Sign-up deadline: 10/11/17



10/23/17 (Monday) Hike Brandywine Falls Trail

Come and take a hike at Brandywine Falls which is among the most popular attractions in Cuyahoga Valley National Park. The 1.5-mile Brandywine Gorge Trail lets you explore beyond the waterfall. It starts near the bed & breakfast and follows the edge of the gorge, eventually taking you down to creek level. The trail is worth revisiting in the spring to view vernal pools that temporarily fill with water, attracting breeding salamanders. The views of the creek and the layers of rock it has exposed are also worth the walk.

Time: 3:30 pm
Location: Brandywine Falls
8176 Brandywine Road, Sagamore Hills Township
Cost: FREE
Ages: 4 years +
Contact: Amy@secpta.net
Sign-up deadline: None



10/25/17 (Wednesday) Michael's Store Craft

Come in to see all the store has to offer and learn how to make a craft in Michael's classroom.

Time: 9:30 – 10:30 am
Location: Michael's Craft Store
7405 Market Place Drive, Aurora
Cost: \$3/child
Ages: 3 – 5 years recommended
Contact: Karla@secpta.net
Sign-up deadline: 9/30/17



10/29/17 (Sunday) Children's Theater Series: Hansel & Gretel

Beyond the snowy depths of The Black Forest, a family is frozen by the mystery of their missing mother. Soon after the disappearance, the daring sibling duo of young Hansel and his older sister Gretel embark on an icy adventure in hopes of rekindling the warmth in their home. The Grimm Brothers bring the story to life with a rock and roll score amidst an animated wonderland inspired by the whimsy of Lemony Snicket and Roald Dahl. This sparkling fable of humor and heroism is anything but grim. 32 tickets available.

****This is a ticketed event. No refunds will be given for cancellations or no-shows unless tickets are purchased by another family on the wait list.****

Time: 2:00 – 3:00 pm
Location: Ohio Theater
1511 Euclid Avenue, Cleveland
Cost: \$7/person
Ages: 4 years +
Contact: president@secpta.net
Sign-up deadline: 10/22/17



twirl

Ballet/Tap Combo
Tuesday 5:30-6:15
Wednesday AM 10:00-10:45
Thursday AM 10:30-11:15
Saturday AM 10:00-10:45

This season, we are offering an amazing new program to enhance your dancer's experience in dance class—Twirl! As a supplement to our existing curriculum, Twirl is a fun + fanciful approach to dance class, and inspires creativity and imagination in your child while reinforcing dance basics.

Classes start on
Monday September
11th

Acro/Hip-Hop Combo
Tuesday 6:15-7:00(age 3-5)
Mini Movers (age 2)
Tuesday 5:00-5:30
sday AM 10:00-10:30



SECPTA Special
\$10.00 Credit

Present this coupon at the time of registration.
Only valid once per family. Expires January 1st
2018. If coupon is not present at time of
registration credit will not be given.

Visit our website to see a list of
classes for ages 2 - adult

www.oytdancer.com



6200 SOM Center Road, A-24 • Solon, Ohio 44139
www.thewombwellnesscenter.com

Are you making time to nourish yourself?

Call 216-633-2828 to book an appointment.

We offer a variety of services:

- **Massage Therapy**
 - Deep Tissue Massage
 - Swedish Massage
 - Fertility
 - Pregnancy
 - Postpartum
 - The Arvigo Techniques of Maya Abdominal Therapy®
 - Craniosacral Therapy
 - Thai Yoga Massage

- **Acupuncture**
- **Birth and Postpartum Doula Services**
- **A Variety of Workshops & Classes for Women**

**SECPTA members
receive \$10 off your first
massage at the studio!**

Do you know a SECPTA member who could use a friend? Did they just have a baby? Is a medical issue taking away their time and attention?

HELPING



HANDS

If so, please let us help them! The Helping Hands Committee looks forward to preparing a home-cooked meal for a fellow SECPTA member who may need the extra hand! Whether it is for a new mother or a family going through a tough time, we are here to help.

Also, if you would like to join the Helping Hands Committee, please contact Jen for more information. We are always looking for new members!

E-mail Jen at helpinghands@secpta.net to begin a meal delivery service or to join the committee.



The Nanny Connection
Is your personal, professional solution to quality childcare. From a long term nanny to an occasional sitter, we can help!

We live and work in Solon, and are committed to providing the best childcare available to your family! Call us today to learn more.

216-77-NANNY
www.yournannyconnection.com

ADVERTISE WITH US!

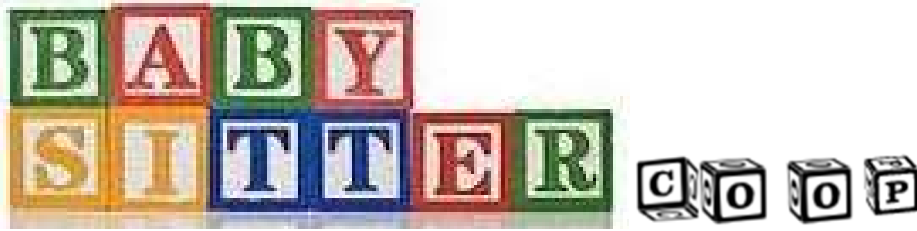


Do you have a business or event that you would like to promote?

Let SECPTA help you get the word out!

Contact Kristen C. at
waysandmeans@secpta.net.

Please ask about special member pricing!



Would you like to schedule a
date with your spouse, an
appointment, or shopping trip
and not have to bring the kids?

What about having dependable, reliable babysitting, that's
also FREE?

Then the SECPTA Babysitting Co-op is for you. It's a group of
SECPTA members that exchange babysitting services for
each other. The Babysitting Co-op provides members with a
babysitting option where no money is exchanged.

Participation can begin once the person is a paid SECPTA
member, attends a co-op meeting, and completes an
authorization form. **Monthly meetings are held the third
Tuesday of each month and are hosted by co-op members.**

To join or find out more information, please
contact Laura at babysittingcoop@secpta.net.



SECPTA BOO GRAMS

A treat-filled bag will be delivered to your door (or your friend's door) as a Halloween surprise!

Please fill out the following form if you are interested in Boo-ing your child/ren. Delivery will take place sometime during the week before Halloween in **Solon, Glenwillow, Twinsburg, Aurora, Reminderville, Macedonia, and the Chagrin Falls areas only.**

This is an excellent way for grandparents or other family members to surprise your children! You can turn in your form at the September General Meeting, any soccer game, the Children's Halloween Party on Friday, October 20th, or please mail to SECPTA c/o Kristen Cash, PO Box 391354, Solon, Ohio, 44139 by **Friday, October 20th.**

Each Boo Gram cost is \$5.00 per child (checks made payable to SECPTA).

Please print additional forms if you are sending to multiple addresses.

Please Print

CHILD/REN'S NAME AND AGE:

1. _____
2. _____
3. _____
4. _____

Address Boo Gram is being delivered to: (street number, name, and city)

Who is the Boo Gram from?

Your name and phone number:

Total # Boo Grams: _____ **X \$5.00 =** _____

(Checks made payable to SECPTA)

.....

For SECPTA use only

Date Received: ____/____/____

Venue: Meeting Game Party Mail

Tender: Cash Check# _____

Initials: _____





2017-2018 Playgroup Request Form

Thanks for your interest in SECPTA Playgroups! Playgroups are organized based on child's age and availability, and meet at member's homes or at a location of choice. Please provide the following information and submit the form to Kristen Eschmann at playgroups@secpta.net (you can scan and e-mail the document, take a cell phone picture and e-mail it, or copy/paste the information into an e-mail). Feel free to contact Kristen for any questions, comments, or ideas you may have.

Parent Name(s): _____

Cell phone number: _____

Email address: _____

Child(ren) who will be participating in the playgroup:

Name: _____ Age: _____ Male / Female

Name: _____ Age: _____ Male / Female

Name: _____ Age: _____ Male / Female

Please mark an X through days and times when you **cannot** meet with a Playgroup. If you have a preference for a day/time to meet with a Playgroup, please indicate your first, second, and third preference for playgroup times by writing a 1, 2, & 3 in the appropriate boxes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning							
Afternoon							
Evening							

Would you be willing to be the group's leader (responsible for communicating with the SECPTA Playgroups Chair and providing immediate support to the group, as needed)? Yes / No

How do you prefer to communicate with other Playgroup members (circle all that apply)?
Text / Email / Private Facebook group

How frequently would you like to meet with a Playgroup? _____ time(s) per month

Currently involved in the Babysitting Co-Op? (Yes/ No) Are you interested in a Babysitting Co-Op Playgroup? (Yes/No)

Please provide any additional information that might be relevant to your Playgroups experience:



Parent Name(s): _____

Email Address: _____

Best contact phone number: _____

Child Name(s) and Age(s): _____

OCTOBER FIELD TRIPS SIGN-UP SHEET

Fall Photos with Ashley Edwards: _____ @ \$50 \$_____

Mapleside Farms: _____ kids @ \$9
_____ adults @ \$7 \$_____

Brecksville Metroparks: _____ people @ FREE \$_____

Talespinner Theatre: _____ people @ \$5 \$_____

Petitti's: _____ kids @ \$4 \$_____

Case Barlow Farm: _____ kids @ \$5 \$_____

Marvel Live: _____ tickets @ \$18 \$_____

Boo at the Akron Zoo: _____ kids @ \$10
_____ adults @ \$8 \$_____

Solon Market District Tour: _____ people @ FREE \$_____

Greenbridge Teahouse: _____ adults @ \$15
_____ kids @ \$15 \$_____

Brandywine Falls Trail: _____ people @ FREE \$_____

Michael's Store Craft: _____ kids @ \$3 \$_____

Theater: Hansel & Gretel: _____ people @ \$7 \$_____

TOTAL \$_____

Member Name: _____

PAYMENT FORM

Boo Grams: _____ @ \$5 \$_____

Moms Outing: _____ @ \$25 \$_____

-*Wild Lily Studio*

Dads Outing: _____ @ \$5 \$_____

-*Forest City Shuffleboard*

Couples Outing: _____ @ FREE \$____n/a_____

-*Halloween Party (\$20/reading to be paid at event)*

Fitness:

-*Cardio Interval:* _____ @ \$6/class

-*Yoga:* _____ @ \$6/class

-*Barre3:* _____ @ \$10/class

-*Power Sculpt:* _____ @ \$6/class

-*Pyro-Pilates:* _____ @ \$6/class \$_____

Foodie Club:

-*Tri-C Festival:* _____ @ \$3/ticket

-*Food Truck:* _____ @ varies \$____pay at event____

New Members:

-*Haunted House:* _____ @ \$8 \$____pay at event____

Playgroups:

-*Speech* _____ @ \$8 \$_____

-*Signing Class* _____ @ \$1 \$_____

Field Trips: \$_____

TOTAL DUE: \$_____
paid by CASH / CHECK #_____